

Periacetabular Osteotomy Information Cards

Print out the cards. Cut them apart along the solid black lines, fold in half along the dotted lines, and carry in your wallet or purse, to hand out as needed!

<p><i>Periacetabular Osteotomy</i></p> <p>I have hip dysplasia, also called Developmental Dysplasia of the Hip (DDH). This means that one or both of my hips are deformed; my bones and hip sockets are the wrong shape, and this makes it hard for me to move and walk normally. This is a congenital condition, nothing that I've done has caused this deformity.</p> <hr/> <p>To correct this problem I have recently had a periacetabular osteotomy (abbreviated to PAO). This is a very major surgery where my pelvis is cut through, repositioned to create a more normal socket shape, and fixed in place with screws. The bones eventually regrow in the new position. When I've fully recovered, I should have close to normal function, hopefully! Recovery from this surgery is slow and long, and I need to use crutches and a walking stick for many months.</p>	<p><i>Periacetabular Osteotomy</i></p> <p>I have hip dysplasia, also called Developmental Dysplasia of the Hip (DDH). This means that one or both of my hips are deformed; my bones and hip sockets are the wrong shape, and this makes it hard for me to move and walk normally. This is a congenital condition, nothing that I've done has caused this deformity.</p> <hr/> <p>To correct this problem I have recently had a periacetabular osteotomy (abbreviated to PAO). This is a very major surgery where my pelvis is cut through, repositioned to create a more normal socket shape, and fixed in place with screws. The bones eventually regrow in the new position. When I've fully recovered, I should have close to normal function, hopefully! Recovery from this surgery is slow and long, and I need to use crutches and a walking stick for many months.</p>
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